



SALT

Unique Ingredients

The **salt** itself has a peeling effect and it is an essential cabin and SPA element, because it removes dead skin cells. In addition, sea salt has many other properties since it is a **natural detoxifier** that increases circulation and has an antiseptic effect. At the same time it manages to reduce fluid retention and softens the skin without leaving a **greasy feel**.

ALGAE

Algae, for their high content of trace elements, amino acids, minerals and vitamins, are excellent for **removing accumulated skin toxins** because they improve local vasodilation and regulate naturally fluid retention. They are also an excellent detoxifying ally, which help eliminate localized fat and the dreaded orange peel effect.

PRICKLY PEAR

Prickly pear seed oil, also called "**Berber Botox**", has a **powerful regenerative action** because of its highly restructuring properties that exert a lifting effect and cause skin rejuvenation. The skin remains firm, soft, elastic and gains a natural glow. It has been proven that the effect of prickly pear oil is **3 times more powerful** compared to other oils, having visible results from the first week.

BORAGE

SESAME

JUNIPER

BERRY

SAMPHIRE

The combination of **borage oil** and **sesame oil** is able to maintain the cellular structure of the skin and prevents sagging and stretch marks. At the same time, **juniper berry oil** is one of the best options used against cellulite because it favours the elimination of uric acid and other toxic waste from the body. Finally, **samphire** (sea fennel) oil is an effective ally in decreasing water retention and in combating cellulite. In fact, it is today **the most powerful anti-cellulite plant known**. These are protected plants, which usually are difficult to obtain and have a relaxing psychological effect, too.



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High Natural Cosmetics



Balance of Body and Mind

SALTY LAGOON

Spa Therapy

Balance of body and mind

The **Mar Menor** is a natural reserve of the Region of Murcia with Europe's largest saltwater lagoon. That is why BIO MER has taken advantage of the **benefits of its marine salts** obtained by water evaporation. Sea salt does not pass through the same processes as normal salt in order to obtain the final product and as a result a large amount of trace elements among which minerals such as calcium, magnesium chloride, potassium, iodine and manganese, are preserved.

BIO MER launches this **BODY&MIND treatment** with 100% carefully selected natural ingredients from the Mar Menor and other parts of the world.

This combined cabin treatment consists of a **mechanical-enzymatic PEELING**, followed by **detoxifying SEA CLAYS** with algae and salts from the Mar Menor. The culmination of the treatment is a draining massage with **firming and anti-cellulite OIL**. The three steps are complemented by a **MARINE CONCENTRATE from the Mar Menor**, which enhances the body massage, offers a great versatility and can be used in all kinds of facial treatments. In addition to its effects on the skin, the osmotic balance achieved by this treatment, provides an energy charge in our body, also reflected on our mood.

For optimum results the treatment **Salty Lagoon SPA THERAPY** is designed to be used once or twice a week in the cabin, although effects can be visible from the first session.



1

Cleansing and preparation SALTY LAGOON SPA THERAPY Intensive exfoliating treatment



The customer is placed in a soothing and flavoured atmosphere because one of the goals of our treatment is relaxation.

Dead cells are being cleansed and removed with Salty Lagoon SPA THERAPY PEELING starting in prone position with the ulna, massaging the feet, the legs and the back continuing with the ulna in supine position. After leaving papain enzyme for a few minutes, it is

gently removed with a warm wet washcloth or a glove, exerting an energetic manipulation throughout the body. During this step, if desired, MARINE CONCENTRATE Salty Lagoon SPA THERAPY can be used.

Besides algae and salt from the Mar Menor, the peeling contains extracts of passion fruit and papaya that reinforce the exfoliating function on the deeper

layers of the skin due to the keratolytic effect of the enzymes. The essential cinnamon oil removes impurities and improves circulation. Its aroma is also suitable for application in aromatherapy, contributing to relaxation.

Duration:
15 min

Peeling corporal: 500 ml
Concentrado marino: 1000 ml



2

Detoxification SALTY LAGOON SPA THERAPY Active detox clay treatment



Sea clays have been used since ancient times for preventive and curative purposes. Their therapeutic action is based on their highly absorbent and mineralizing action, their ability to neutralize acidity and their stimulating effect, so they are recommended for all skin types.

Add a clay layer on the skin by the massaging technique of lymphatic drainage (soft and superficial massage) redirecting stagnant liquids between cellulite to ganglion (10 min). As the clays dry, they can be moisten with MARINE CONCENTRATE

Salty Lagoon SPA THERAPY, thus potentially activate their properties. Use a body wrap, if desired, after the massage and leave for 20-30 minutes depending on the body mass of the customer. Wrapping can be complemented with an electric blanket to apply heat.

This waiting time is ideal for a relaxing facial massage, if you want to complement treatment, working on precise points to unlock them. After the time indicated, remove the clay layer in the shower, if available, or with a washcloth.

With this step of the treatment all toxins from the peripheral system of the connective tissue are absorbed and toxic nodes in the dermis are eliminated. Its high heat conductivity combined with the effect of cinnamon essential oil makes these clays suitable for all types of anti-cellulite treatments. The synergy of Mar Menor sea salt and algae with the Hypericum and Mint extracts achieve a good draining and anti-cellulite effect.

Duration:
40 min

Lodos marinos: 1000 ml
Concentrado marino: 1000 ml



3

Nourishment SALTY LAGOON SPA THERAPY Anti-cellulite oil treatment



Perform an anti-cellulite massage with BODY OIL Salty Lagoon SPA THERAPY containing effective actives that penetrate the adipose tissue and dissolve the accumulated fat and the orange peel effect. To achieve this, it is necessary to perform this massage therapy 4-5 times periodically, but results are visible after the first session due to the perfect combination of prickly

pear, sesame, borage, juniper berry and samphire oils.

The oil is applied by a cellulite reducing massage with slow, deep movements pressuring the abdomen, thighs, legs and buttocks. On the rest of the body a relaxing massage is performed with the same oil to get a smooth and soft skin.

BIO MER recommends:
For best results of this anti-cellulite treatment, it should be combined with a balanced diet, regular exercise, good rest and plenty of water intakes.

Complete treatment duration:
1 hour and 15 min

Duration:
20 min

Aceite corporal: 250 ml

